

Wednesday,
November 07, 2018

Institute of
Biochemistry and
Molecular Medicine
(IBMM)
Gertrud Woker
Strasse 5, 3012 Bern

Registration:
admin@transcure.unibe.ch
latest by October 22, 2018

NCCR TransCure Workshop given by KEPOS GmbH

Succeed in your PhD – Thanks to good time management and organization

The multidimensional set of tasks as a PhD student requires a lot. Setting priorities, having discipline, and being able to say “No” are only some of them. In this workshop the participants will learn how to precisely define own goals and what steps need to be taken in the intermediate future. The prerequisites for a focus on personal goals will be discussed and training on how to handle interruptions without being impolite is also part of the workshop. A month after the workshop, the participants reflect their milestone plans in a 1:1 coaching.

Number of participants is limited to 12.

IBMM Lecture room from 09.00 – 17.00
Including lunch and coffee breaks
